

## **Femoroacetabular Impingement (FAI) and Labral Tears**

Femoroacetabular Impingement (also known as FAI), and labral tears have become more commonly diagnosed problems for many orthopaedic patients. The presentation of these hip conditions varies depending of length of time and inciting events. However, we have become more aware of this problem, especially in the past ten years. With the advancement of diagnostic techniques, including injections, MRI scans and CT scans, the orthopaedic profession has become more attune to differing pathologies of the hip. Many patients present with pain in the hip region, and describe a several month course of activity modifications, rest and anti-inflammatory use. Thankfully, through pioneering efforts of those before me, focus on these conditions has lead to advanced treatment options, including arthroscopic intervention.

I became more interested in these specific problems during my fellowship training in Nashville. The experience gained, and wisdom taught by one of my mentors lead to my passion for treating these problems arthroscopically. Earlier methods of treating these problems often required extensive dissection and resulted in significant morbidity to the patient. Through an arthroscopic approach, I can offer the patient an advantageous option that decreases damage to the soft tissues, and often allows an earlier return to regular activity. I am honored to stand of the shoulders of pioneers before me, and continue to collaborate with other hip arthroscopy surgeons around the country in hopes of advancing these rapidly developing techniques for future generations of orthopaedic surgeons. In the meantime, I am excited to offer this technique to the Louisville, KY area.